

# Jesse Gray Primary

## PE Policy



**January 2022**

Head Teacher Signature:	
Date Adopted:	
Review Date:	January 2023

## **Physical Education Policy**

### **Status and Aim of Policy**

The school believes that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical, social and emotional development and health. The physical education curriculum aims to provide for pupils' increasing self-confidence through an ability to manage themselves successfully in a variety of situations. The teaching and learning of PE at Jesse Gray is based on progressive learning objectives which, combined with varied and flexible teaching styles, endeavor to provide appropriate, stimulating, challenging and enjoyable learning situations for all pupils.

### **Rationale**

Physical Education is concerned with developing good quality performance whilst enabling every child to become independently active.

PE at Jesse Gray stems from an ethos for each child to achieve their personal best through the achievement of physical literacy. The three steps to physical literacy are;

- Fundamental movements.
- Generic sport skills.
- Small sided games.

P.E. also contributes to the whole curriculum. It offers alternative contexts for the learning, understanding and application of language, numeracy and scientific concepts. The subject naturally lends itself to cross-curricular issues: the environment as part of the outdoor and adventurous activities; swimming that takes place at the Rushcliffe Leisure Centre in Key Stage 2 helps build awareness of the surrounding area and the community leisure facilities; and an awareness of how exercise contributes to health education, are all central to physical education

The National Curriculum provides general requirements and programmes of study in physical education within each Key Stage to be used when planning every lesson or activity.

Physical Education involves pupils in the continuous process of planning, performing and evaluating.

We promote competition in many extra-curricular activities with other schools in Rushcliffe. These clubs include football, cricket and basketball and which are available for fun and enjoyment as well as for competition. Jesse Gray also promotes many types of inter and intra school competition in curriculum time and out of school hours.

PE is for all. Every child will be catered for to enable them to become more skillful, physically healthy, self-motivating and safe.

As is stated in the National Curriculum, children with special needs will be included in any physical education lesson. If a programme needs to be adapted then the teacher in charge will do this in consultation with the coordinator and SENCo (if applicable).

### **Aims**

- To develop an ability to plan a range of movement sequences, organise equipment and apparatus, and begin to design and apply simple rules.

- To develop an ability to remember, adapt and apply knowledge, practical skills and concepts in a variety of movement based activities.
- To promote positive attitudes towards health, hygiene and fitness.
- To foster an appreciation of safe practice.
- To develop psycho-motor skills through a range of relevant movement based activities.
- To develop a sense of fair play and sportsmanship.
- To develop communication skills, encouraging the use of correct terminology, to promote effective co-operation.
- To foster an enjoyment, and positive attitude to, the subject in school.

### **Content**

- In FS2 and KS1 children will develop skills in small team games, gymnastics, dance and fundamental movement skills sessions.
- In KS2 children will develop and use skills in a range of traditional and non-traditional team games that require generic skills.

In Key Stage 2, swimming is offered as a unit of work in Year 4, taking place in the autumn and summer term. We also have a catch up strategy for pupils who did not meet National Curriculum expectations.

Outdoor and adventurous activities that take place in KS2 can be developed further using the geography programmes of Study.

The school has a P.E. subject leader and links to the school sports partnership that are available for any inquiries with regards to Physical Education.

The curriculum in this subject has been organised to ensure that children in both key stages have access to all areas specified in the national curriculum and go beyond its statutory requirements. We are confident that children following our curriculum have the opportunity to surpass the expectations at the end of each key stage.

**Note:** The attainment target and its programmes of Study are statutory.

### **Health and Safety**

The general teaching requirement for health and safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for PE into the agreed clothing for each activity area. Teachers set a good example by wearing appropriate clothing when teaching PE. The policy of the governing body is that no jewellery is to be worn for any physical activity.

The BAALPE publication 'Safe Practice in PE' is available to all staff.

### **Resources**

The facilities for the teaching of physical education at Jesse Gray Primary School are, we believe, excellent. As a primary school we have access to an indoor hall, a large hard court area, a soft playground and a spacious grassed area.

As well as superb facilities in which to teach, the school also has a well-resourced PE store for both key stages, portable football and netball goals, portable and fixed gymnastics equipment as well as many mats and benches. Equipment is checked regularly and stock replenished as often as budget allows. Teachers have access to equipment and literature, via the subject leader, and can always ask for advice when needed.

### **Care of Apparatus & Equipment**

Gymnastics apparatus is annually checked. Any damage noticed should be reported immediately to the P.E. subject leader. Any games equipment lost or broken should be reported to the PE subject leader. All teachers are responsible for the safe use of all equipment and apparatus. All teachers should be responsible for the getting out and putting away of all equipment and apparatus. Please note children are not allowed in the P.E. store

